

# P-Selectin Glycoprotein Ligand-1 (PSGL-1) Expressing CD4 T Cells Contribute Plaque Instability in Acute Coronary Syndrome

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**Background:** Adhesion molecules have essential roles in the development of atherosclerosis. We investigated whether P-selectin glycoprotein ligand-1 (PSGL-1)-expressing CD4 T cells contribute to plaque instability in acute coronary syndrome (ACS).

**Methods and Results:** We studied the adhesion molecules on CD4 T cells from consecutive patients with ACS treated with thrombus-aspirating device and compared them with healthy controls (n=48 each). Blood, thrombi, and plaque samples from the culprit coronary arteries were collected by thrombus aspiration performed during emergency coronary artery angiography. According to flow cytometry results, peripheral CD4 T cells from ACS patients strongly expressed PSGL-1 and integrin  $\beta$ 2 (P<0.05 for both) more than those from controls; culprit coronary arteries contained an abundance of PSGL-1<sup>+</sup> (P<0.001) but not integrin  $\beta$ 2<sup>+</sup>CD4 T cells. In addition, immunohistochemical analysis of the thrombus-aspirating device samples revealed numerous PSGL-1<sup>+</sup>CD4 T cells in plaques from the culprit lesions. Results from the selectin-binding assay demonstrated that activated PSGL-1<sup>+</sup>CD4 T cells from ACS patients bound to P- or E-selectin after triggering the T-cell receptor, and adhered to endothelial cells under laminar flow conditions (P<0.05 and P<0.05, respectively), inducing their apoptosis (P<0.01) via activated caspase-3, which correlated with PSGL-1 expression (R=0.788, P=0.021) and was suppressed by application of a PSGL-1-specific antibody (P<0.05).

**Conclusions:** PSGL-1 contributed to cytotoxic CD4 T cell homing to the culprit coronary artery and promoted plaque instability in ACS.

Key Words: Acute coronary syndrome; Atherosclerosis; Cell adhesion molecules; Lymphocytes; Plaque vulnerability

therosclerosis and cardiovascular diseases such as acute coronary syndrome (ACS) are the major causes of cardiovascular death. Both innate and adaptive immunity have been proposed as playing important roles in atherosclerosis development and progression.<sup>1–5</sup> Vulnerable plaques, which can trigger ACS, have particular pathological characteristics, including a large lipid core, thin fibrous capsule, neovascularization, hematoma, apoptosis of vascular smooth muscle cells (VSMCs) and endothelial cells (ECs), and numerous inflammatory infiltrates.<sup>6–9</sup> Activated, cytotoxic clusters of differentiation (CD)4-expressing T cells (termed CD4 T cells) play a pivotal role in acquired immune responses and are observed in ACS, inducing the apoptosis of VSMCs and ECs.<sup>10–16</sup>

Leukocytes roll or crawl along the activated endothelium before firmly adhering to the vessel wall, which is a critical first step in their recruitment into the wall. Adherent, transmigrating leukocytes are activated in situ and may cause atherosclerotic plaque instability and damage to tissues that include ECs and VSMCs. This process is largely mediated by cellular adhesion molecules expressed on both vascular ECs and leukocytes.<sup>17,18</sup> Several adhesion molecules on T cells have been identified, including E-selectin ligand, P-selectin glycoprotein ligand-1 (PSGL-1), integrin  $\alpha M/\beta 2$  (Mac1), integrin  $\alpha 4/\beta 1$ , and  $\alpha L/\beta 2$  (lymphocyte function-associated antigen 1, LFA-1). The binding of these molecules to E- and P-selectin, intercellular cell adhesion molecule (ICAM)-1, and vascular cell adhesion molecule (VCAM)-1 on ECs initiates the formation of atherosclerotic plaques. Focal expression of ICAM-1and E- selectin has been consistently observed in human atherosclerotic plaques;19 however, it is still unclear how T-cell adhesion molecules contribute to atherosclerosis development and the incidence of ACS.

In this study we investigated T-cell adhesion molecules in the peripheral blood and in the culprit coronary arteries

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in ACS, and analyzed thrombi and atherosclerotic plaques in samples from culprit coronary arteries obtained from thrombus-aspiration therapy.

## Methods

#### Study Population

The study population consisted of 48 consecutive patients who underwent thrombus-aspiration therapy for ACS (73% male, 68±11 years old), including 27 cases of acute myocardial infarction and 21 cases of unstable angina pectoris. Blood was drawn from the peripheral vein at the time of admission to the Coronary Care Unit of Tokyo Women's Medical University, and blood, thrombus, and plaque samples from the culprit coronary arteries were collected at the time of thrombus-aspiration therapy during emergency coronary artery angiography (Table). ACS was defined according to criteria established by the American Heart Association. The control group consisted of 48 healthy patients (NC; 75% male, 51±9.0 years old) without cardiovascular disease, diabetes mellitus, hypertension, or hypercholesterolemia, and who were not smokers at the time of enrollment. Individuals with infectious, autoimmune, or neoplastic diseases were excluded from the study. The study was conducted in accordance with the Declaration of Helsinki. The Tokyo Women's Medical University Institutional Review Board approved all protocols, and informed consent was given by all subjects.

#### Cell Culture

Fresh peripheral blood mononuclear cells (PBMCs) were isolated from peripheral or culprit coronary arterial blood using Ficoll-Hypaque (Amersham Biosciences, Brown Deer, WI, USA). CD4 T cells were isolated (purity  $\geq 95\%$ ) by negative selection using the Rosette Sep CD4 T Cell Enrichment Kit (StemCell Technologies, Vancouver, Canada) and cultured in Roswell Park Memorial Institute (RPMI) 1640 medium containing 10% fetal bovine serum (FBS), 100 U/mL penicillin, 100 µg/mL streptomycin, and 2mmol/L L-glutamine. THP-1 cells were obtained from the American Type Culture Collection (Manassas, VA, USA) and grown in the same medium as the primary CD4 cells. Human umbilical vein (HUV) ECs were purchased from Lonza Walkersville (Walkersville, MD, USA) and propagated on collagen-coated tissue culture plates in EmGM-2 EC medium (Cambrex, Walkersville, MD, USA); cells from passages 4-6 were used.

## Flow Cytometry

Cytometric analysis was performed by labeling PBMCs with fluorescein isothiocyanate (FITC)-, phycoerythrin (PE)-, or Cy5-conjugated monoclonal antibodies against the following human proteins: CD4 (FITC and PE-Cy5), CD69 (FITC), and PSGL-1/CD162 (PE) (all from BD Pharmingen, San Jose, CA, USA); L-selectin/CD62L (FITC) (Santa Cruz Biotechnology, Santa Cruz, CA, USA); and integrin  $\beta$ 2/CD18 (FITC) and  $\alpha$ M/CD11b (PE-Cy5) (both from BioLegend, San Diego, CA, USA). The expression levels of each molecule on the T cells were analyzed by flow cytometry (BD FACSCalibur, Franklin Lakes, NJ, USA), and data were analyzed using Win MDI software (Scripps Research Institute, La Jolla, CA, USA).

To investigate caspase-3-dependent apoptosis, freshly isolated CD4 T cells were cocultured on a HUVEC monolayer at an effector:target ratio of 5:1 with 50 ng/mL tumor

Table. Clinical Characteristics of Patients With ACS	
Patients, n	48
Sex (male), n (%)	35 (73)
Age, mean±SD, years	68±11
AMI, n (%)	27 (56)
Cardiovascular risk factors	
Diabetes mellitus, n (%)	22 (46)
Hypertension, n (%)	38 (72)
Hypercholesterolemia, n (%)	34 (79)
Smoking, n (%)	21 (44)
Family history of CAD, n (%)	7 (15)
BMI, mean±SD, kg/m <sup>2</sup>	24.6±9.0
Cr, mean±SD, mg/dL	0.9±0.3
Medications	
$\beta$ -blockers, n (%)	14 (29)
ACEI/ARBs, n (%)	26 (54)
Aspirin, n (%)	23 (48)
Statin, n (%)	19 (40)
Triglycerides, mean±SD, mg/dL	99.2±59
HDL-C, mean±SD, mg/dL	48±16
LDL-C, mean±SD, mg/dL	114±35

ACEI, angiotensin-converting enzyme; AMI, acute myocardial infarction; ARB, angiotensin II receptor blocker; BMI, body mass index; CAD, coronary artery disease.

necrosis factor (TNF)- $\alpha$  used as positive control for 3h in RPMI medium with 2% FBS. CD4 T cells were then removed with phosphate-buffered saline (PBS) containing 10% FBS. HUVECs were collected by trypsinization and washed with cold PBS, then incubated in BD Cytofix/ Cytoperm solution (BD Pharmingen) for 20 min on ice. HUVECs were pelleted by centrifugation, washed twice with BD Perm/Wash buffer (BD Pharmingen), stained with PE-conjugated rabbit anti-activated caspase-3 antibody (BD Pharmingen) in BD Perm/Wash buffer for 30 min at room temperature, and analyzed by flow cytometry.

## Selectin-Binding Assay

To examine selectin binding, PBMCs were stimulated with and without the anti-human CD3 monoclonal antibody Orthoclone OKT3 (Janssen Pharmaceutical, Tokyo, Japan) for 48 h, then incubated with  $50 \text{ ng}/\mu\text{L}$  recombinant human E- or P-selectin/Fc chimera (R&D Systems, Minneapolis, MN, USA). Cells were then labeled with IgG F1-FITC (Sigma-Aldrich, St. Louis, MO, USA), CD4-PE-Cy5, CD69-FITC, or CD162-PE monoclonal antibodies followed by flow cytometric analysis.

#### Adhesion Assay Under Laminar Flow

The adhesion assay under laminar flow conditions was performed as previously described.<sup>20,21</sup> Briefly, HUVECs were stimulated with TNF $\alpha$  (10 $\mu$ g/mL) for 4h on coverslips and then positioned in a flow chamber mounted on an IX80 inverted microscope (Olympus, Shinjuku, Tokyo). The stimulated HUVEC monolayer was immersed in a perfusion medium (0.2% FBS in PBS) for 3 min, after which CD4 T cells (1×10<sup>6</sup>/mL) were drawn through the chamber using a syringe pump for 10 min at a controlled flow rate to generate a shear stress of 1.0 dyne/cm<sup>2</sup>. THP-1 cells (1×10<sup>6</sup>/mL) were drawn through the chamber as a



drome (ACS). (A) Adhesion molecule expression on CD4 T cells in culpture coronary arterial blood from ACS and normal controls (NC) as examined by flow cytometry. (B) Expression of adhesion molecules on CD4 T cells from ACS in peripheral and culprit coronary arterial blood. Representative dot plats and box plots displaying the median are shown, where the 25th and 75th percentiles are represented by the box and the 10th and 90th percentiles are represented as whiskers. n.s., not significant.

control. Rolling and adherent THP-1 and CD4 T cells on the HUVECs were recorded in 15 different fields for randomly selected 15-s intervals using a video camera attached to the microscope. The number of rolling and adherent THP-1 and CD4 T cells on the HUVECs was determined by analyzing video images on a computer.

#### Immunohistochemistry

Samples obtained from the thrombus-aspirating device were fixed in a 4% paraformaldehyde neutral buffer solu-



tion (Nacalai Tesque Inc., Kyoto, Japan), embedded in paraffin, and sectioned at a thickness of  $4 \mu m$ . The sections were deparaffinized, stained with hematoxylin and eosin, and labeled with monoclonal antibodies against the following human proteins: glycoprotein (GP)IIb/CD41, CD68 (both from Dako, Glostrup, Denmark); myeloperoxidase (MPO), PSGL-1 (CD162) (both from Novocastra, Wetzlar, Germany); CD4 (both from Nichirei Bioscience, Tokyo, Japan). Brown color was developed by peroxidase solution (ABC-peroxidase kit; Vector Laboratories, Burlingame, CA, USA) and 3,3-diaminobenzidine (DAB) (Dako) as the chromogen. For double staining, red color was developed with Texas red and green color with FITC. Nuclei were stained with 4>6-diamidino-2-phenylindole dihydrochloride (DAPI; Sigma-Aldrich), and then analyzed with an imaging system (Leica Microsystems, Wetzlar, Germany).

## Apoptosis Assay

To detect CD4 T-cell-mediated apoptosis, HUVECs were stained with  $1 \mu g/mL$  DAPI for 30 min. Freshly isolated CD4 T cells were then cocultured on a HUVEC monolayer at an effector:target ratio of 5:1 for 3h in phenol red-free RPMI medium supplemented with 2% fetal bovine serum (FBS). Apoptosis was identified by characteristic nuclear changes observed by fluorescence microscopy (Leica Microsystems); data are presented as percentages of the total number of HUVEC nuclei. PSGL-1-mediated apoptosis was evaluated by pretreating CD4 T cells with 10 $\mu g/mL$  neutralizing anti-human PSGL-1 antibody (4RA10; BD Pharmingen) or  $10 \mu g/mL$  IgG (IgG1  $\kappa$  isotype control; BioLegend) as a control for 20 min on ice prior to analysis.

To detect poly(ADP-ribose) polymerase (PARP) cleavage, fresh CD4 T cells were cocultured on a HUVEC monolayer at an effector:target ratio of 5:1 with 50 $\mu$ g/mL TNF- $\alpha$  used as a positive control for 3 h and then washed with PBS, fixed in 3.7% formaldehyde, and treated with 0.1% Triton X-100 in 3% bovine serum albumin solution. HUVECs were then labeled with purified mouse antihuman PARP antibody (BD Pharmingen), PE-conjugated goat anti-mouse IgG, and DAPI for 1 h at room temperature, washed with PBS, and analyzed by fluorescence microscopy.

#### Statistical Analysis

Data were analyzed using Student's t-test for independent or paired samples. In experiments with skewed distributions, data were analyzed with the Mann-Whitney U test. P-values <0.05 were considered statistically significant. Results are shown as the mean $\pm$ SD and as box plots with medians and 5th percentile ranges.

## Results

**PSGL-1-Expressing CD4 T Cells in Blood, Thrombi, and Plaques From the Culprit Coronary Arteries of ACS Patients** To investigate whether adhesion molecules on CD4 T cells differed between ACS patients and NC, the L-selectin, integrin  $\beta 2$ , PSGL-1, and integrin  $\alpha M$  expression on peripheral blood CD4 T cells was examined by flow cytometry. The ratio of integrin  $\beta 2$  and PSGL-1 expression on CD4 T cells was higher in ACS patients than in NC (P<0.05; Figure 1A). To determine whether adhesion mol-









ecules on CD4 T cells in ACS culprit coronary arteries have characteristic features, PBMCs were isolated from the culprit arteries using a thrombus-aspirating device and CD4 T-cell adhesion molecule expression was compared with that of peripheral blood CD4 T cells from the same patient. PSGL-1 was more strongly expressed on CD4 T cells in culprit coronary arterial blood than on those in the peripheral blood (P<0.001). In contrast, integrin  $\beta$ 2 expression on CD4 T cells was comparable in both coronary and peripheral blood (**Figure 1B**).

To assess the clinical relevance of PSGL-1-expressing CD4 T cells in the culprit coronary artery, samples obtained from the thrombus-aspirating device were analyzed by immunohistochemistry. Cell morphology was evaluated by hematoxylin and eosin staining and by labeling with an antibody against the platelet marker CD41. Thrombi were covered with CD41-positive platelets, and necrotic material mixed with cholesterol crystals and variable amounts of inflammatory infiltrate were observed in the aspirates, which were histologically defined as atheromatous plaque by a pathologist (**Figure 2A**). CD41-positive platelets were rarely detected in the plaques. Many inflammatory cells, such as CD68-positive macrophages and monocytes, MPO-positive neutrophils, and especially CD4-positive T cells, were present in atheromatous plaques. An abundance of PSGL-1-expressing CD4 T cells was



detected in the culprit coronary arterial plaques (**Figure 2B**). Through double staining for PSGL-1 and CD4, it was confirmed that many PSGL-1-expressing CD4 T cells existed in the culprit coronary plaque (**Figure 2C**).

#### PSGL-1-Expressing CD4 T Cells Bind E- and P-Selectin and Adhere to ECs

During atherosclerosis development, the binding of T-cell surface PSGL-1 to selectins on activated vascular ECs controls the rate of leukocyte-EC adhesion. A selectinbinding assay was used to determine whether PSGL-1 on CD4 T cells binds to E- or P-selectin. First, T cells from ACS patients were activated by pretreating PBMCs with anti-CD3 antibody and confirming upregulation of CD69, a marker of T cell activation. PSGL-1 expression on CD4 T cells was increased via triggering of the T-cell receptor (TCR) (**Figure 3A**), and activated PSGL-1-expressing CD4 T cells from ACS patients bound both E- and P-selectin (**Figure 3B**).

The adhesion characteristics of CD4 T cells were analyzed using activated HUVECs under physiological flow conditions. The number of rolling and adhering CD4 T cells on activated HUVECs was higher in ACS patients than in NC (P<0.05; **Figure 4**), suggesting that activated CD4 T cells in ACS patients adhered to activated ECs via the PSGL-1/E- and P-selectin interaction.

## PSGL-1-Expressing CD4 T Cells in Culprit Coronary Arteries Induce EC Apoptosis

To investigate whether PSGL-1 expression by CD4 T cells was associated with plaque instability, their cytotoxicity to ECs was analyzed with an apoptosis assay. PSGL-1expressing CD4 T cells from culprit coronary arteries induced HUVEC apoptosis more strongly than those from the peripheral blood of ACS patients or NC (P<0.05; Figure 5A). CD4 T cells from culprit coronary arterial blood induced HUVEC apoptosis to a greater degree than those from peripheral blood (P<0.01; Figure 5B). We confirmed HUVEC apoptosis for the expression of PARP, a 113-kDa nuclear chromatin-associated enzyme. Apoptotic ECs cocultured with ACS CD4 T cells expressed a high level of PARP comparable to the TNF- $\alpha$  treated positive control, whereas PARP expression was negligible in ECs cocultured with NC CD4 T cells (Figure S1A). In addition, activated caspase-3 was detected in ECs cocultured with ACS CD4 T cells, but was not observed in ECs cocultured with NC CD4 T cells by flow cytometry (Figure S1B).

Furthermore, PSGL-1 expression correlated with CD4 T cell-induced HUVEC apoptosis in peripheral as well as in culprit coronary arterial blood (R=0.566, P=0.049 and R=0.788, P=0.021, respectively; Figure 5C). To assess whether CD4 T cell-induced HUVEC apoptosis was dependent on PSGL-1, an antibody against PSGL-1 was

included in the apoptosis assay. The antibody treatment inhibited CD4 T cell-induced apoptosis of HUVECs (P<0.05; **Figure 5D**), demonstrating that PSGL-1-expressing CD4 T cells in the culprit coronary artery of ACS patients induced EC apoptosis in a PSGL-1-dependent manner.

#### Discussion

PSGL-1 is a 240-kDa sialomucin that binds L-, P-, and E-selectins expressed on leukocytes; activated T cells induce the expression of glycosyltransferases, allowing modified PSGL-1 to bind all 3 selectins. Ly6Chi monocytes, a major subset of monocytes found in atherosclerotic mice, strongly express PSGL-1, and PSGL-1-/- apolipoprotein (Apo)  $E^{-/-}$  double knockout mice have markedly reduced Ly6Chi monocyte infiltration in atherosclerotic lesions and develop atherosclerosis.22 In addition, PSGL-1-/-Apo E-/mice showed reduced leukocyte rolling and firm attachment on ECs as compared with PSGL-1+/+Apo E-/- mice.23 Meanwhile, PSGL-1 deficiency rescues the impaired vasorelaxation response to acetylcholine of ECs in diet-induced obese mice.24 These studies demonstrate that PSGL-1 has an important role in atherosclerosis development. On the other hand, the PSGL-1 interaction partner L-selectin is expressed on leukocytes and mediates lymphocyte rolling.25-27 The loss of L-selectin has resulted in a 50% reduction in lymphocyte homing in L-selectin<sup>-/-</sup>ApoE<sup>-/-</sup> double knockout mice.<sup>28</sup> Moreover, P- and E-selectin are expressed in chronically inflamed endothelium, and studies of P-selectin-/-ApoE-/- and E-selectin-/-ApoE-/- mutants have revealed that atherosclerotic lesions are decreased in these mice.29-31

Signals transduced by PSGL-1 have been shown to enhance integrin  $\beta$ 2 expression on neutrophils and HL60 cells,<sup>32,33</sup> and LFA-1 mediates the binding of helper T (Th)1 cells to ICAM-1.34 TCR activation and interleukin 12/signal transducer and activator of transcription 4 (STAT4) signaling are important for PSGL-1 synthesis and Th1 cell migration into inflamed tissue.35,36 We previously reported that perimenopausal women have increased numbers of PSGL-1-expressing CD4 T cells, which strongly adhere to ECs and induce apoptosis.<sup>20</sup> In this study, we investigated adhesion molecules on peripheral blood CD4 T cells and showed that PSGL-1 and integrin  $\beta$ 2 expression were upregulated in ACS patients as compared with NC. In addition, TCR activation triggered the binding of activated PSGL-1-expressing CD4 T cells to E- or P-selectin in ACS patients, and in them these cells showed greater rolling and adhesion to activated ECs under flow conditions. PSGL-1 likely promotes this adhesion by enhancing integrin  $\beta^2$  expression on the ACS CD4 T-cell surface, thereby contributing to atherosclerotic development.

Recently, the prospective Atherosclerosis Risk in Communities study showed that the PSGL-1 M621 polymorphism is associated with a decreased risk of both coronary artery disease (CAD) and stroke in African-Americans.<sup>37</sup> In addition, the expression levels of PSGL-1 on CD14<sup>+</sup>CD16<sup>+</sup> monocytes are significantly higher in patients with plaque rupture or intracoronary thrombi, as assessed by frequency-domain optical coherence tomography.<sup>38</sup> Platelet-monocyte complex formation after percutaneous coronary intervention (PCI) is more effectively inhibited by blocking PSGL-1 than  $\alpha$ (IIb) $\beta$ (3) (GPIIb/IIIa) or  $\alpha M\beta$ (2) (Mac1).<sup>39</sup> Our observation in this study of numerous PSGL-1-positive cells in plaques from culprit coronary arteries suggests that platelet-monocyte complex formation depends largely on PSGL-1.

Studies of culprit coronary arteries from cardiac sudden death cases have revealed that the primary pathology of vulnerable plaques arises from plaque rupture (60%) and superficial erosion (40%).9,40,41 EC apoptosis in the fibrous cap covering stable plaques can cause plaque destabilization and increase ACS risk.<sup>6,7</sup> In addition to an adhesive function, PSGL-1 contributes to the efficient homing of resting (naïve and central memory) T cells to secondary lymphoid organs via PSGL-1-C-C motif chemokine ligand (CCL)21 or -CCL19 interactions and proliferation.42,43 Recently, it was reported that the inhibition of P-selectin with anti-P-selectin monoclonal antibody reduced myocardial damage during PCI in patients with non-ST-segment elevation myocardial infarction.44 We reported that interferon  $\gamma$ - and TNF $\alpha$ -producing activated CD4 T cells are attracted to vulnerable plaques by the dendritic cell chemokines CCL19 and CCL21,11 and therefore we examined culprit coronary arterial blood, thrombi, and plaque samples in the present study. We observed an abundance PSGL-1-expressing CD4 T cells in culprit coronary arterial plaques. Furthermore, these CD4 T cells potently induced PSGL-1-dependent EC apoptosis. Given that adherent and transmigrating PSGL-1-expressing CD4 T cells in culprit coronary arteries are activated in situ and may cause atherosclerotic plaque instability and damage to tissues containing EC and VSMCs, blocking PSGL-1 is a potential therapeutic approach for preventing cardiovascular events and death in ACS patients.

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#### Supplementary Files

## Supplementary File 1

Figure S1. PSGL-1-expressing CD4 T cells induce EC apoptosis in ACS via caspase-3 activation.

Please find supplementary file(s);

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